

SOCIETY OF SAINT VINCENT DE PAUL
Saint Catherine of Siena Conference
321 Witmer Road ♦ Horsham, Pennsylvania 19044

PROJECT ROADMAP

Location: St. Catherine of Siena School Library – Second Floor
Time: 11:00am – 12:00pm
Program Leader: Lori P. Salvatore, MA
Phone: (215) 657-0476
Email: Lori.SalvatoreMA@gmail.com

Saturday - September 24, 2016

Finding and Keeping a Good Job

- What is “Networking” and how do I start?
- Understanding different personality types
- Approaching people with confidence
- Identifying job resources
- Working with difficult people

Saturday – October 29, 2016

Money Management and Banking

- Setting up a budget
- Choices/prioritizing
- Resources to save money
- Setting up a banking/checking account
- Credit and debit cards
- Avoiding fees

Saturday – November 29, 2016

Where is God When I need Him?

- Feeling hopeless
- Depression/Anxiety during the holidays
- 7 holy habits to strengthen your relationship
- Tapping into God’s peace through grace

NO CLASS IN DECEMBER

Saturday – January 28, 2017

Government/Local Programs & Legal Issues

- Rent assistance
- Food stamps
- CHIP & health insurance
- Disability
- Library resources
- Foreclosures
- Shut-off notices & bill payments
- Delinquencies & bankruptcies

Saturday – February 25, 2017

Low-Cost Medical Help and Prescriptions

- Emergency rooms vs. doctor appointments
- Indigent cases and paying off bills
- Prescription information at a lower cost
- Generic drugs and their effectiveness
- Additional resources

Saturday – March 25, 2017

Repairing Bad Credit

- Credit ratings
- Building good credit
- Use of credit checks
- Resources to save money

Saturday – April 29, 2017

Good Nutrition on a Budget

- Shopping for the best values
- What and how much should I be eating daily?
- Easy recipe ideas
- Low cost ways to stay physically fit

Saturday – May 27, 2017

Job Readiness Training

- Work values and skill assessment
- Reverse Chronological vs. Functional Resumes
- Attention-getting cover letters & thank-you letters
- Interviewing techniques
- Legal vs. illegal Questions and how to handle them
- Decision making and follow-up questions